



**Suicide in Idaho: Fact Sheet
October 2012**

- Suicide is the 2nd leading cause of death for Idahoans age 15-34 and for males age 10-14. (The leading cause of death is accidents.)
- Idaho is consistently among the states with the highest suicide rates. **In 2010 (the most recent year available) Idaho had the 6th highest suicide rate, 49% higher than the national average.**
- In 2011, 284 people completed suicide in Idaho; a slight decrease from 2010.
- Between 2007 and 2011, 80% of Idaho suicides were by men.
- In 2011, 59% of Idaho suicides involved a firearm. The national average is 51%.
- 15.4% (1 in 7) of Idaho youth attending traditional high schools reported seriously considering suicide in 2011. 6.3% (1 in 14) reported making at least one attempt.
- Between 2007 and 2011, 78 Idaho school children (age 18 and under) died by suicide.
- It is estimated that suicide attempts in Idaho result in \$36 million in costs annually. Idaho's costs for suicide completions annually is over \$850,000 in medical care alone, and \$343 million in total lifetime productivity lost.
- In 2010, there were 38,400 deaths by suicide in the United States, an average of 1 person every 13.7 minutes.

Idaho Resident Suicides by Region – 2011

Region	Anchor City	Suicides	Rate (per 100,000)	Population	Tot. # suicides	
					2007-2011	5-yr Avg Rate
1	Coeur d'Alene	45	21.0-	212,393	233	22.0
2	Lewiston	21	19.8*	105,358	88	16.9
3	Nampa	51	19.9*	253,965	192	15.3
4	Boise	67	15.1	436,293	328	15.2
5	Twin Falls	34	18.2-	185,790	176	19.5
6	Pocatello	28	16.7-	166,284	150	18.3
7	Idaho Falls	38	18.2-	207,499	185	18.3

* increase from 2010, - decrease from 2010

**Idaho Suicides by Age/Gender 2007-11
Over 5 year period**

Age	Total	Male	Rate	Female	Rate
10-14	12	9	3.1-	3	1.1
15-19	94	78	27.0*	16	5.7
20-24	104	90	31.9*	14	5.4
25-34	174	134	24.8	40	7.8
35-44	248	181	37.1*	67	14.2*
45-54	284	221	42.9*	63	12.1
55-64	227	182	42.2*	45	10.3
65-74	98	85	33.6-	13	4.9*
75-84	71	69	51.7-	2	1.2-
85+	40	34	74.6*	6	7.4*

**Method 2007-11
(all ages)**

Firearm	60.7%
Poisoning	17.7%
Suffocation	17.1%
Cut/Pierce	.9%
Fall	1.3%
Other	2.4%

Idaho Suicide Rates 1999 – 2011

Year	Number	ID Rate	US Rate
1999	180	14.4	10.7
2000	166	12.8	10.7
2001	213	16.1	10.7
2002	203	15.1	11.0
2003	218	16.0	10.8
2004	239	17.2	10.8
2005	225	15.7	10.7
2006	218	14.9	11.1
2007	220	14.7	11.5
2008	251	16.5	11.8
2009	307	19.9	12.0
2010	290	18.5	12.4
2011	284	17.9	n/a

Idaho Youth Risk Behavior Survey 2011 – High School Students

<u>Grade</u>	<u>Depressed</u>	<u>Suicidal</u>	<u>Plan</u>	<u>Attempt</u>	<u>Medical Care For Attempt</u>
9 th	28.3%*	18.1%*	12.7%*	9.2%*	2.2%*
10 th	25.9-	15.2-	13.5-	6.8-	2.7
11 th	29.4-	14.0*	10.4-	5.2	.9-
12 th	24.9-	13.6*	13.2*	4.2-	1.1-
Idaho Overall	27.3-	15.4*	13.2	6.3-	1.9

* increase from 2009, - decrease from 2009

Idaho Suicide Rate by County **5-year total number and 5-year average annual rate 2007-2011** (resident suicides per 100,000 people)

<u>County</u>	<u>Number</u>	<u>Rate</u>	<u>County</u>	<u>Number</u>	<u>Rate</u>
Ada	289	15.0	Gem	13	15.7
Adams	3	16.2	Gooding	12	16.2
Bannock	86	21.0	Idaho	15	19.0
Bear Lake	5	17.0	Jefferson	23	18.6
Benewah	9	19.4	Jerome	23	21.5
Bingham	33	14.8	Kootenai	139	20.1
Blaine	21	19.4	Latah	22	11.9
Boise	8	21.9	Lemhi	16	40.7
Bonner	50	24.4	Lewis	2	10.8
Bonneville	99	19.5	Lincoln	7	29.1
Boundary	16	29.3	Madison	8	4.3
Butte	4	28.6	Minidoka	15	15.5
Camas	3	53.8	Nez Perce	41	20.9
Canyon	145	15.6	Oneida	4	19.1
Caribou	8	23.3	Owyhee	7	12.5
Cassia	14	12.7	Payette	17	14.9
Clark	3	63.8	Power	4	10.3
Clearwater	8	19.1	Shoshone	19	29.8
Custer	9	42.1	Teton	14	29.9
Elmore	23	16.4	Twin Falls	81	21.4
Franklin	10	15.9	Valley	8	17.4
Fremont	9	14.0	Washington	7	13.8
			Idaho (total)	1,352	17.5 (5-year average)

Note: Rates for many counties are based on fewer than 20 deaths. Caution is advised when interpreting rates based on small numbers.

Sources: Idaho Bureau of Vital Records and Health Statistics, Idaho Department Health and Welfare
Center for Disease Control and Prevention
Idaho Suicide Prevention Hotline Report, Idaho State University, Institute of Rural Health, 2010
YRBS Idaho, 2011

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