



FISCAL YEAR JULY 2023 TO JUNE 2024
IMPACT REPORT

Healthier Together | SWDH.org

Our Mission

We work to promote the health and wellness of those who live, work and play in southwest Idaho.

Our Values:



Accountability



Customer Focus



Teamwork

Our Vision

A healthier southwest Idaho

With our partners, we work to

- **Protect** our environment and resources to ensure healthy future generations
- **Promote** healthy lifestyles and behaviors
- **Prevent** disability and premature death



Ben Critchfield

★★★★★ a year ago

I would like to recognize Anjee at the WIC office. She was absolutely amazing from the time she came and got us out in the hallway till the time we left, she explained everything to a tea to my daughter who has a first time baby. She answered all questions she was very supportive. She was absolutely amazing and I hope that you guys recognize her that you have such an amazing employee With a caring heart.



Tina Hilton

★★★★★ 10 months ago

The nurse that I had was wonderful and made me feel so comfortable, I barely felt the needle which is crazy because I have a huge fear of needles. The nurse was Katie N. and she was so great. Really loved my experience!

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Serving Adams County



Milestones



57
Septic
Inspections



3
Signed Plats



75
Restaurant
Inspections



1
Temporary Food
Events Attended



1
Pool
Inspections



173
Fit & Fall Proof
Class Visits



100
Reportable Diseases
Reported



6
Patients Seen in our
Medical Clinic



3
Immunizations
Administered



19
WIC Participants



\$8,700
WIC Voucher
Money Spent Locally



26
Residents Trained in
Suicide Prevention

Highlights



PFS supported Western Central Mountains Youth Advocacy Coalition (YAC), and the Meadows Valley Planet Youth Coalition to support the implementation of the Icelandic Prevention Model in the Meadows Valley. Over \$9,000 in funds were used to support youth connection activities to address identified risk and protective factors associated with youth substance use and poor mental health outcomes. Funding was used to pay an afterschool program faacilitator to provide and supervise up to 35 youth who participated in free after-school activities for any student at the community center including arts and crafts, mentoring, and more. The program was so high in demand for Meadows Valley youth and families that they increased from just one, to two days per week, and began having interest from parents to come gather and create further community connections. The program offers a safe space for school aged youth to go after school to engage with their peers in a structured activity. Providing safe, engaging, pro-social areas for youth to get together with trusted adults is a protective factor against youth substance use. Before this program, youth in the area said that there were few social opportunities in their community. YAC used these data and PFS funding to change that, making a significant impact in youth and families lives.

In addition, Ignite Idaho, an organization serving Adams County, provided the evidence-based parenting program, Active Parenting of Teens, to four families in Meadows Valley thanks to funding from SWDH.

Partnerships for Success

ACHAT Team

The Adams County Health Action Team (ACHAT) continued to address goals of reducing stigma associated with accessing mental health resources and increasing awareness of mental wellbeing resources. Given this focus area, the group developed a suite of materials including magnets, postcards, stickers, and bookmarks to increase awareness, decrease stigma, and connect residents directly to resources within their own community. 250 of each item were printed and distributed through various organizations and at community events with the goal of increasing awareness and use of behavioral health resources in and outside of their community. ACHAT community members and organizations including the Meadows Valley foodbank, the Meadows Valley library, the City of New Meadows, Youth Advocacy Coalition, Adams County Health Center, Adams County Sheriff's Office, Council School District, Ignite Idaho, and Meadows Valley EMS/Fire received or distributed materials.



In addition, the group gained new members who are passionate about mental health. They developed an additional behavioral health resource pamphlet and wallet cards informed by the needs of first responders, who expressed interest in information to have as a professional resource and to leave behind at behavioral health-related calls. Leaving behind this information empowers residents to reach out to resources that will support them through their challenges and provides paid and volunteer staff with quick ability to reference local resources.



The ACHAT also hosted New Meadows' first ever Drug Take Back Day event in partnership with the Adams County Sheriff's Office and supported the Drug Take Back Day event in Council in April 2024. Six pounds of medication were dropped off between the two events. These events raise awareness around the importance of regularly disposing of unwanted, unused, or expired medication, and keeping current prescription medications safe. This prevents accidental or intentional use of prescription medication, reducing the risk of misuse, overdose and death.

Serving Canyon County



Milestones



518
Septic
Inspections



78
Signed Plats



1592
Restaurant
Inspections



63
Temporary Food
Events Attended



306
Childcare
Inspections



20
Pool
Inspections



880
Fit & Fall Proof
Class Visits



7790
Reportable Diseases
Reported



653
Patients Seen in
Our Medical Clinic



2673
Immunizations
Administered



8198
WIC Participants



\$3,961,090
WIC Voucher Money
Spent Locally



1835
Fluoride Varnishes
Applied



10
Dental Sealants
Applied



1847
Oral Health
Screenings



886
NFP Home
Visits



521
PAT Home Visits



386
YouthROC
Referrals



738 *Adults
Served*
Western Idaho
Community
Crisis Center



76 *Youth
Served*
Western Idaho Youth
Support Center



786
Youth Vape Prevention
Presentation Attendees



920 *Student
Participation*
CATCH MY BREATH
Catch My
Breath Class



20
Tobacco Cessation
Class Participants



305 *People
Trained*
Drug Overdose
Prevention
Training



197 *Total
Attendees*
Certified Food
Protection
Manager Course
8 English classes
4 Spanish Classes

Highlights



Canyon County CHAT

The Caldwell Health Coalition completed another successful year of the Senior Produce Program at the Caldwell Farmer's Market with a **93% redemption rate** of the \$10,000 in vouchers that were given out for fresh produce. **303 local households were served.** A new addition to the program this year was the Backyard Gardener's Booth with support from the University of Idaho Extension Master Gardeners and the Idaho Farmers Market Association. The Backyard Gardener's booth allowed participants to use their vouchers on produce that had been donated by local Master Gardeners. The booth increased the variety of produce available and has contributed to the sustainability of the program. The Coalition also supported food access efforts in Caldwell with the Traveling Table Mobile Food Pantry at Serenity Park, Washington Elementary, and now routine food distribution at Wilson Elementary.

Certified Food Protection Manager Course

We received praise from the owner of multiple local Mexican Restaurants regarding the CFPM course being offered in Spanish and how impactful it has been. We are the **only health district in the state** that offers the instruction portion in Spanish on a quarterly basis due to high demand. We are proud to serve as a valuable resource for our Spanish speaking community.

Pre-Prosecution Diversion Program

Southwest District Health, in collaboration with the Canyon County Prosecuting Attorney's Office, kicked off the Pre-Prosecution Diversion (PPD) Program in Canyon County in August of 2024. This innovative program addresses the critical needs of adults facing mental health and/or substance use disorders by diverting individuals from entering or reentering the justice system. The PPD Program offers a proactive approach to reduce recidivism and improve long-term outcomes for individuals by addressing their basic needs and behavioral health concerns. The PPD developed client handbooks, applications, and policies and procedures to ensure that all clients receive consistent, high-quality services. This foundational work will allow for a well-structured program that can adapt and evolve to meet the needs of clients, while also providing transparency and accountability for all stakeholders involved. Other valued partners include the State Public Defender's Office and community behavioral health providers throughout the Treasure Valley.



Western Idaho Youth Support Center

The Western Idaho Youth Support Center (WIYSC) hosted a well-attended Grand Opening in January 2024. The facility offers vital crisis response resources to youth ages 10-17. The support center, operated by Clarvida (formerly Pathways of Idaho), is open 24 hours a day, every day to provide **free services to youth in crisis.** The center is a safe place for youth to get support to de-escalate their crisis, for up to 23 hours and 59 minutes during a single episode of care. A crisis looks different for everyone, but may include thoughts of suicide, bullying, homelessness, physical or sexual trauma, emotional abuse, loss of a loved one, excessive stress, or anxiety and depression. Youth crisis centers have been proven to prevent escalation in family conflict and violence in the home. They also help to avoid expensive and unnecessary hospital visits, and involvement with the juvenile justice system or inappropriate incarceration because of a behavioral health crisis. Parents and legal guardians are encouraged to join their children at the center and are required to consent to treatment. From January 29 to June 30, 2024, WIYSC had **81 admissions**, **76** of which were local youth and families.

Highlights cont.



Bike Rodeo

The coalition hosted a bike rodeo at Caldwell Family Fun Day to promote active transportation and bike safety to area youth. Approximately **100 kids** learned essential bike-handling skills, traffic safety rules, and the importance of wearing helmets, reducing their risk of crashes and collisions while building confidence in cycling. Coalition members also actively contributed to the Caldwell Comprehensive Plan update, helping to ensure health and well-being were prioritized in the city's future growth and development.

Free Health Screening Events

We organized and participated in several free testing events within the Canyon County community, which offered screenings for HIV, syphilis, hepatitis C, and elevated blood lead levels. These events were held at the College of Idaho and the Idaho Hispanic Community Center. We consistently serve **25 or more people** at these events and hand out Sexually Transmitted Illness (STI) awareness materials to nearly **100 people**.

Partnerships for Success



Vallivue School District Middle and High Schools used the 3rd Millennium Prevention and Intervention program to equip students with the knowledge to understand the impact of any substance use, and the skills to avoid using substances and make healthy choices. This program was integrated into their procedures to address incidents of student use of drugs or alcohol. 15 students who violated school substance use policies completed intervention courses, and **17 students** completed prevention courses.



Elevate Academy is a Career Technical Public Charter School serving at-risk students in 6th – 12th grades. They also used the 3rd Millennium Prevention and Intervention program to provide their students with education and tools on how to prevent or stop substance use. This program was integrated into their procedures to address incidents of student use of drugs or alcohol. 10 students who violated school substance use policies completed intervention courses, and **10 students** completed prevention courses.



BOYS & GIRLS CLUBS
OF CANYON COUNTY

Through the Partnerships For Success grant, we awarded the Boys and Girls Club of Canyon County was over **\$4,000 in funding** to support the implementation of the evidence-based Positive Action program with their youth members at the Caldwell and Nampa location. Positive Action teaches students how to make their own healthy choices, including how to say no to alcohol and other drugs. The program started in FY24 and was completed in FY25. **35 youth** finished the program.



Through the Partnerships For Success grant, we awarded Big Brothers Big Sisters nearly **\$10,000 in funding** to enhance recruitment strategies of Bigs (mentors) to support Littles (mentees) in Canyon County where they had no matches. In the past they've had a challenging time with recruitment due to lack of volunteers and program awareness and this funding allowed them to deliberately invest in recruitment in the area. Recruitment resources developed included videos, social media posts, and physical informational materials. During the recruitment campaign, we had 21 applications from potential Bigs in Canyon County, and we currently have 5 active matches.



Through the Partnerships For Success grant, we awarded the Canyon County Employee Paramedics Foundation over **\$8,700** to increase awareness of supporting good mental health and increasing access to trusted adults in Canyon County, a protective factor for preventing youth substance use. Their awareness materials and outreach reached **28 schools**, with **30,000 materials reaching youth** aged 19 years and under in Canyon and Owyhee Counties. They also partnered with local law enforcement to highlight resources, and the opportunity for First Responders to be trusted adults for not only youth, but all community members in Canyon County.



Insight Matters provided family focused youth substance use prevention education materials at Old Fort Boise Days in Parma where they distributed 235 materials available in both English and Spanish. These materials provide education on the risks of using substances, how to talk to your kids about not using substances, and how to avoid using substances. Age appropriate materials were available for youth and adults, to provide knowledge for all ages.

A “How to Talk to Youth About Substance Use,” screening, brief intervention and referral to treatment (SBIRT) training was provided to over **40 youth-serving professionals** in Canyon County during FY 24. The training structure is SBIRT. Staff from Vallivue and Nampa School Districts attended the trainings, as well as Saint Alphonsus Trauma staff, and medical residents at Full Circle Health in Nampa.

Disease outbreak

The epidemiology team worked on a simultaneous outbreak of Flu and Norovirus in a long-term care facility where **18** people were ill with flu and **31** people ill with norovirus. Thankfully, there were **no deaths or hospitalizations**. The team worked with the facility to provide infection control guidance, including implementation of:

- Enhanced infection prevention measures
- Staff and resident monitoring for symptom on set
- Testing protocols for both staff and residents
- Temporary work restrictions
- Isolation precautions for residents
- Enhanced cleaning and disinfection, hand hygiene and food handling practices
- Outbreak guidelines and management toolkit
- Antiviral treatment and prophylaxis as deemed necessary by the facility’s medical provider
- Enhanced monitoring, surveillance, and infection control practices until the close of the outbreak



2nd Annual Fentanyl Town Hall

This community event hosted at our Caldwell campus provided around 50 attendees with the opportunity to:

- Learn about the dangers of fentanyl and its devastating impact on individuals, families, and communities
- Gain insights into the latest trends in fentanyl trafficking and distribution
- Explore collaborative approaches to addressing the opioid crisis, including law enforcement efforts, public health initiatives, and community-based interventions
- Participate in a Q&A session with local leaders and experts on potential solutions and resources available for prevention, treatment, and recovery

The Town Hall panel of speakers included professionals from the US Attorney’s Office, Nampa EMS, the Canyon County Coroner’s Office, Trivium Life Services and featured Keynote Speaker, Canyon County Sheriff Kieran Donahue. The participation of these household agencies helps foster a more informed community that can better understand the social, emotional, and economic impact of fentanyl use.

Serving Gem County



Milestones



132
Septic
Inspections



18
Signed
Plats



160
Restaurant
Inspections



16
Temporary Food
Events Attended



11
Childcare
Inspections



280
Fit & Fall Proof
Class Visits



324
Reportable Diseases
Reported



44
Patients Seen in our
Medical Clinic



211
Immunizations
Administered



386
WIC
Participants



\$132,857
WIC Voucher
Money Spent
Locally



143
Fluoride Varnishes
Applied



143
Oral Health
Screenings



5
YouthROC
Referrals



35 *Students*
Youth Vape
Prevention
Presentation

Highlights



Gem County CHAT

The Gem Community Health Coalition (GCHC) focused on increasing membership to include additional sectors in the community. Membership increased by **142%**, including Keystone Hospice, A Better Solution In-Home Care, Emmett Family Services, Valley Family Health Center, Cornerstone Whole Healthcare Organization, Hale Counseling, Gem Family Medicine and Pregnancy Care, Horizons Home Health Care, Youth Rising, and the Behavioral Health department at Valor Health.



A variety of sectors in the GCHC is important because it brings diverse perspectives, expertise, and resources to the table, which are all critical for addressing our three priority areas: Food Security, Behavioral Health Access to Resources, and A Safe and Active Community. This united front demonstrates to the community that the issues are important and it maximizes the potential for creating real, lasting change.

In an effort to keep CHAT members engaged and educated on the numerous community resources available, monthly meetings included field trips to tour community partner location, like the Gem County Recreation Center and Valor Health.

Serving Owyhee County



Milestones



60
Septic
Inspections



112
Restaurant
Inspections



4
Temporary Food
Events Attended



10
Childcare
Inspections



5
Pool
Inspections



54
Fit & Fall Proof
Class Visits



325
Reportable Diseases
Reported



34
Patients Seen in our
Medical Clinic



45
Immunizations
Administered



379
WIC
Participants



\$144,452
WIC Voucher
Money Spent Locally



156
Fluoride Varnishes
Applied



21
Dental Sealants
Applied



156
Oral Health
Screenings



59
NFP Home Visits



18
PAT Home Visits



5
YouthROC Referrals



276 ^{Student Participation}
Catch My Breath Class



32 ^{People Trained}
Drug Overdose
Prevention Training

Highlights



Owyhee County Fitness Court

The Owyhee Health Coalition raised over **\$129,000** in funding through local donations, sponsorships and grants for the Owyhee County fitness court project. The Owyhee Fitness Court is a high-tech platform for all ages and abilities to develop healthy habits, maintain long-term wellness, and fight the obesity epidemic. The award-winning outdoor Fitness Court will make world-class fitness free and accessible to the Marsing Community. The Fitness Court will be fully installed in fiscal year 2025.



Paws for Husky Health

A highlight of the year was our collaboration with the Marsing School District during their inaugural health and wellness community health fair, Paws for Husky Health. This event, held in partnership with the Idaho Immunization Coalition and SWDH, was a day to offer health services and education for adults and youth in their community, get connected to community resources, and a bike rodeo for youth.



Communities for Youth Initiative

Southwest District Health and Southwest Idaho Communities for Youth partnered with the Marsing School District to implement the Communities for Youth initiative. The initiative focuses on collecting youth voices through a survey, and using the results to guide the development of goals and strategies to improve youth wellbeing and prevent substance use. SWDH awarded the Marsing school district a **\$30,000 grant**, which was used to fund activities, events, and resources that address the priorities of social connection and increasing physical activity opportunities. Data collection happens annually to monitor changes over time. Between January 2024 and October 2024, we saw a **5%** increase in the number of youth reporting feeling physically healthy 5-7 days a week, and a **1%** decrease in the number of youth reporting having used alcohol in the past twelve months.

One parent shared her heartfelt gratitude, explaining that our presence in Marsing made it possible for her children to receive immunizations. She sometimes finds it difficult to schedule appointments because of her busy work schedule and limited access to healthcare providers since she lives in a rural community.

Serving Payette County



Milestones



70
Septic
Inspections



5
Signed Plats



211
Restaurant
Inspections



10
Temporary Food
Events Attended



30
Childcare Inspections



5
Pool Inspections



324
Fit & Fall Proof
Class Visits



834
Reportable Diseases
Reported



39
Patients Seen in our
Medical Clinic



133
Immunizations
Administered



885
WIC
Participants



\$361,616
WIC Voucher
Money Spent Locally



254
Fluoride Varnishes
Applied



260
Oral Health Screenings



43
PAT Home Visits



6
YouthROC Referrals



152<sup>Student
Participation</sup>
Catch My
Breath Class



1
Tobacco Cessation
Class



23<sup>People
Trained</sup>
Drug Overdose
Prevention Training



Highlights

Food Drive

Southwest District Health employees collected **558 lbs** of non-perishable food items during the holiday season and donated it to the Fruitland School District's brand-new food pantry located at the Grizzly Corridor. This donation laid the foundation for the new food pantry to start addressing the food insecurity needs within the community. According to the Community Health Needs Assessment (CHNA) conducted in 2022, Payette County's population has a food insecurity rate of **11.8%**. Of the total population, 2,700 individuals had limited or uncertain access to adequate food.

BUILD Payette Project

Payette County Community Health Action Team (CHAT) affirmed its organizational structure and health priorities by formally adopting its charter in December 2023. PCHAT began its partnership with the BUILD Payette project in the Fall of 2023 and serves loosely as an advisory committee as well as provides in-kind support to the project. The BUILD Payette Project addresses health disparities such as equitable access to care and preventive services with a focus on mental health and chronic disease. The goal is to increase access to, and utilization of, community health resources, services, and infrastructure. PCHAT assisted in gaining community buy-in with a pair of listening sessions to better understand supportive services most needed by community members. The Head Start parent focus group had about **24 participants** and the New Plymouth Senior Center focus group had **47 attendees**.



Insight Matters

Partnerships for Success

Insight Matters provided family focused youth substance use prevention education activities at community events in Fruitland and Payette. They engaged **68** individuals in one-on-one interactive learning stations with games and activities focused on understanding the negative impacts of substance use, how to talk about substance use as a family, and how to say no to alcohol and other drugs. This is important education because parents are one of the most significant protective factors when it comes to preventing youth substance use. When parents and kids openly communicate about expectations around substance use, lay out clear rules, are open to talking about how to avoid substances and make healthy choices, youth are less likely to try alcohol or other drugs. Resources were available in English and Spanish.

During the summer of 2024, Insight Matters provided family focused youth substance use prevention education materials at the Payette Street Fair. They distributed **200** materials and had **300** booth visitors. Resources were available in Spanish and bilingual staff was present.

Serving Washington County



Milestones



54
Septic
Inspections



3
Signed Plats



144
Restaurant
Inspections



10
Temporary Food
Events Attended



8
Childcare Inspections



8
Pool Inspections



72
Fit & Fall Proof
Class Visits



240
Reportable Diseases
Reported



18
Patients Seen in our
Medical Clinic



372
Immunizations
Administered



338
WIC
Participants



\$128,389
WIC Voucher
Money Spent Locally



24
Fluoride Varnishes
Applied



24
Oral Health Screenings



38
PAT Home Visits



3
YouthROC Referrals



192 ^{Attendees}
Youth Vape Prevention
Presentation



15 ^{Attendees}
Certified Food Protection
Manager Course



7 <sup>People
Trained</sup>
Drug Overdose
Prevention Training



Partnerships for Success

Insight Matters provided family focused youth substance use prevention education materials at the Boys and Girls Club in Weiser, where they engaged with **23 youth**. They also had a booth at the Weiser Fiddle Festival and participated in the parade, sharing **450** materials. These resources equip youth with the tools to say no to alcohol and other drugs, learn about the impact on their bodies, and understand that it's most common to not use alcohol or other drugs. These resources also allow for parents to learn the true risks of using substances at an early age, current substance use trends, and how to talk to their kids about not using alcohol or other drugs.

Highlights

Health Alliance for Washington County

The Washington County CHAT rebranded itself as the Health Alliance for Washington County (HAWC) and reinvigorated its membership by building relationships, increasing its presence in the community and focusing on its priority health areas of improving youth mental health, increasing access to nutritious foods, and supporting aging adults.

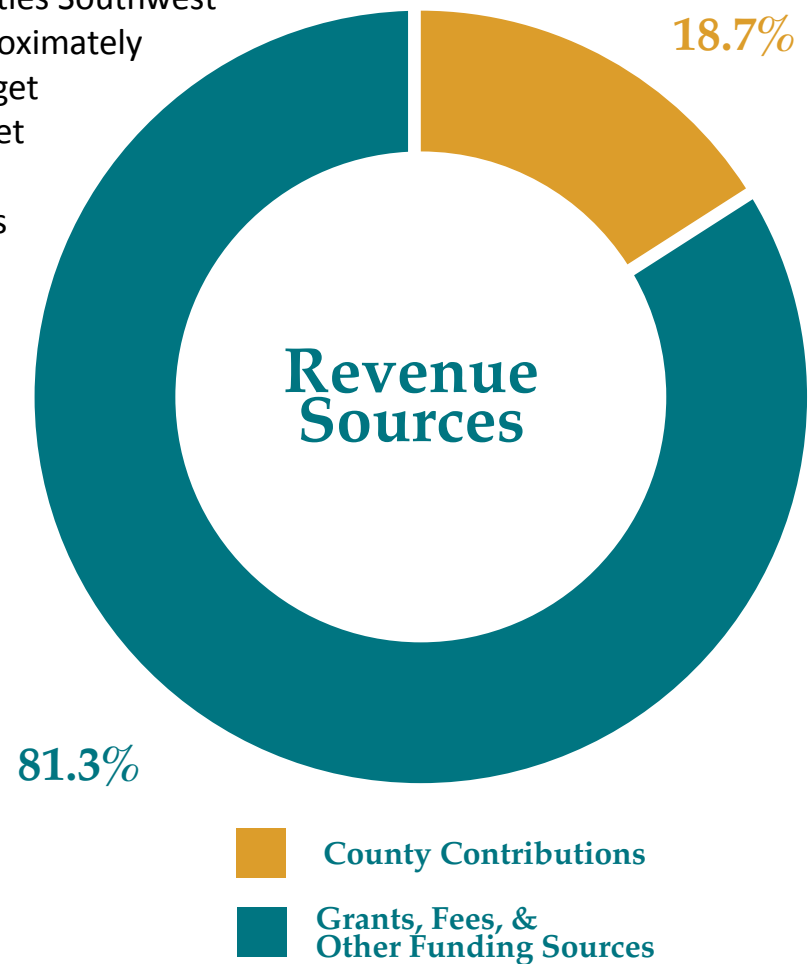




Funding

Contributions from the six counties Southwest District Health serves fund approximately **18.7%** of the district's total budget and **23.7%** of the district's budget less funding budgeted for crisis centers. In total, the six counties will contribute **\$3.9 million** to SWDH.

The other revenues come from fees, grants, contracts, and donations to support SWDH's statutory obligations and strategic priorities.





Every \$1 from county property taxpayers is matched with **\$5.33** from other funding sources. That’s a pretty good return on investment, but that is not the only benefit. Residents participating in WIC will spend an estimated **\$4.8** million on healthy food purchases at local grocery stores across the district in fiscal year 2026. SWDH ensures communities across all six counties have full access to essential public health services, health professionals, and local data.

County Dollars at Work

County dollars help fund a well-trained workforce of local health professionals making a local impact.

Financials

Because of the financial investment of our counties and their commitment to healthy and thriving communities, SWDH has been able to maintain a strong infrastructure, be responsive to our communities’ needs, and be a meaningful partner for leading and improving health.

Revenues	FY 2024 (Approved Revenues Budget)	FY 2025 (Approved Revenues Budget)	FY 2026 (Proposed Revenues Budget)
County Contributions	\$3,031,875	\$3,122,831	\$3,193,095
Grants, Contracts, Fees, & Other	\$13,747,105	\$12,669,542	\$13,840,078
Total Revenues	\$16,778,980	\$15,792,373	\$17,033,173

Expenses	FY 2024 (Approved Expenses Budget)	FY 2025 (Approved Expenses Budget)	FY 2026 (Proposed Expenses Budget)
Salaries & Benefits	\$9,709,707	\$9,565,523	\$10,405,461
Other Expenses	\$7,069,272	\$6,226,850	\$6,628,074
Total Expenses	\$16,778,979	\$15,792,373	\$17,033,535



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